

Dear Parent/Carer,

As you are aware, at The Parks Academy, we use a programme called **Jigsaw** (PSHE -Personal, Social and Health Education).

The lessons have build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and sessions we complete.

The government made Relationships Education and Health Education statutory for all primary schools in September 2020.

We wanted to make you aware of the coverage that will be taught in different lessons. Some of these aspects are taught in Jigsaw lessons.

The Changing Me Puzzle (which will be taught in the summer term, as part of Jigsaw) includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. **There is a progressive approach through the years starting with the correct terminology of the body parts and finally ending in years 5 and 6 with human reproduction.**

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately. The Jigsaw Programme gives us a secure framework in which to do this.

We hope you, like us, will see that this is beneficial to our children and is **helping to safeguard them.**

If you do have any questions, please in the first instance speak with class teachers regarding the coverage in their year group.

As always, thank you for the support.

Miss Donsworth

PSHE (Jigsaw) Lead